

(Download and store on your phone for easy reference to follow)



IMPORTANT After Piercing Care Instructions

1. **Wash Your Hands First**

Always wash your hands thoroughly with soap and water before touching your piercing.

2. **Don't touch the Piercing Unnecessarily**

Avoid unnecessarily touching the piercing. Keep the area dry in between cleaning times.

3. **Clean the Piercing at least Twice a Day**

Without removing the jewellery, rinse the piercing with warm salt water at least twice a day.

4. **Apply Piercing Aftercare Products**

At least 3 times a day, apply one of the following products directly to the pierced hole:

- **STUDEX® Advanced 2-in-1 Piercing Aftercare & Cleanser (Earrings can be replaced in half the recommended healing time)** *No need to use warm water and salt before applying this product.*
- **STUDEX® After Piercing Solution**
- **STUDEX® Ear Piercing Care Gel**
- **MEDISEPT® Piercing Care Gel**

Do not use surgical spirits to care for your newly pierced ears.

5. **Work the Piercing Aftercare Product into the Piercing**

Gently slide the jewellery back and forth to spread the Aftercare product in and around the piercing (front and back for ear piercings).

6. **Rotate the Jewellery**

With clean hands, turn the jewellery a few times a day to keep it from sticking.

7. **Rinse Well After Shampooing**

After shampooing, make sure no soap or shampoo gets stuck in the piercing. Rinse it well.

8. **Protect the Piercing from Hair Products**

Cover your piercing when using hair spray, cologne, or hair dye. Keep hair away from the piercing.

9. **If Painful After Healing, Continue Care**

If the piercing is painful when changing jewellery after healing, go back to using the original jewellery and continue aftercare for another 1-2 weeks.

Excessive pain, redness or swelling is not a normal result of piercing. This condition could indicate an infection, an allergic reaction to gold or that your body cannot tolerate a foreign object in the skin. Should this condition occur, do NOT remove the jewellery, SEEK MEDICAL ATTENTION IMMEDIATELY.

Piercing-Specific Care

Ear Lobe Piercing (6-8 Weeks Healing)

- Follow the general aftercare instructions.
- **Do not remove the jewellery** for the full 6-8 weeks.
- Keep the clasp at the end of the post and **don't push it tightly against the earlobe.**
- For the first **6 months**, do not leave earrings out for more than **24 hours**, or the hole could close.
- Avoid wearing heavy earrings for **at least 4 months.**

Ear Cartilage/Tragus Piercing (13-15 Weeks Healing)

- Follow the same aftercare as ear lobe piercings. **Adhere to Warnings below**

Nose Piercing (13-15 Weeks Healing)

- Follow the same aftercare as ear lobe piercings. **Adhere to Warnings below**
- During the healing period while sleeping, micropore tape can be applied over the nose piercing to keep the jewellery in place
- For the first **3 months**, don't go more than **6 hours** without nose jewellery to avoid the hole closing.

WARNINGS:

- **There Is Higher Risk for Cartilage, Tragus and Nose Piercings: If proper aftercare is not followed, these piercings are more prone to complications and infection which can cause excessive pain and permanent damage.**
- **If you notice any excessive redness, undue pain, or signs of infection, seek medical help immediately to prevent permanent damage to the ear or nose.**